

Some people work on their tan.



Others work on their karma.

Take a journey

A Karma Yoga Journey in the Caribbean
Yoga.com and Karma Yoga Journeys invites you to an adventure in Dominica. This Caribbean island has all you might look for in a vacation and more.

Have an adventure. Become a humanitarian. Ease your mind. You can explore preserved nature, make a difference in others lives, and

practice yoga all in the same day. Hike to stunning waterfalls through the tropical rainforest. Visit island beaches. Learn about Carib Indian crafts from the Caribs themselves. Help school children and delve into the eco-friendly Dominican culture.

Karma Yoga Journeys' adventures unite humanitarian volunteerism and exploration in the spirit of Karma Yoga. You will explore the rich culture and tropical beauty of Dominica. Immerse yourself in the transformative powers of yoga and selfless service. Join us and aid the Dominican community. Check our website for future trips to Peru and other exotic locales.

January 5 - 19, 2008

Dominica in the Caribbean

\$2,050.00 per person:

- 14-night accommodations • Nature excursions
- Volunteering in the local community
- Three vegetarian meals per day
- All local travel included
- Daily yoga classes

Brought to you by



karma yoga journeys

karmayogajourneys.com